



## **Student Ambassador Checklist**

Thank you so much for your enthusiasm to be an Aunt Flow Student Ambassador!

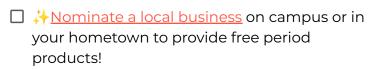
Below, you will find a checklist of ways that YOU can get more involved in the Menstrual

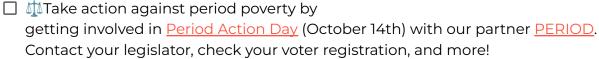
Movement in your community!

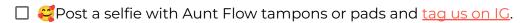


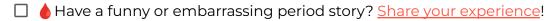


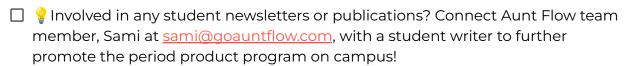
♥Gather your besties, roomies, classmates,
etc. for a photo shoot with the Aunt Flow
dispensers around campus to help raise
awareness of menstrual health on social media.
Send us your photos and IG handles for a
feature on <u>@goauntflow</u> .











☐ ☐ Help us spread the period positivity and submit a pad review or tampon review on our website.

☐ ♣Have friends who attend different colleges? Send them this email template that they can use to contact their school admin about stocking Aunt Flow on campus.

Stay in the flow by subscribing to the <u>Aunt Flow</u> newsletter and watching a <u>quick video</u> on our mission to change the world one cycle at a time!

☐ Read a book from our Menstrual Hygiene Day (May 28th) reading list.

Use discount code <u>AFAMBASSADOR15</u> for 15% off Aunt Flow 50ct <u>pad packets</u> and <u>applicator tampons!</u>







