



Sustainability Standards

SEE HOW WE STACK UP:

US

- Organic cotton tampons with a cardboard, smooth-tip applicator for comfort without the plastic
- Organic cotton top sheet pads are slender with wings to hold in place and prevent leaking
- 10 for 1 donation program

THEM

- Period products made with a blend of non-organic cotton and synthetics like rayon
- Traditional cardboard tampons are uncomfortable to insert
- Pads are bulky and don't have wings to secure to underwear
- No donation program reported

The Benefits of Organic Cotton

At Aunt Flow, we are not only helping menstruators, but we are helping ensure a healthy earth and body.

Organic farming practices save water, conserve natural areas, and help reduce total global emissions. Cotton is cultivated with a focus on energy conservation and waste reduction.

The organic cotton used in our cartridge tampons and pads is sourced from certified Organic Content Standard (OCS) farms committed to maintaining the environment.

By ensuring our period products are OCS certified, we're committed to climate action and improving industry standards.

Third-party Certification



Supporting Sustainable Development Goals



Good health + well-being



Climate action



Reducing inequities